



COME TRY OUR FARM FRESH STRAWBERRIES SERVED EVERY WEDNESDAY. THESE STRAWBERRIES WERE GROWN IN HENDERSON, TEXAS.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

CHICKEN NUGGETS
MASHED POTATOES
GREEN BEANS
ORANGE SLICES
HOMEMADE ROLL
MILK **3**

BBQ OR CHICKEN SANDWICH
TATER TOTS
BAKED BEANS
RIPS
MILK **4**

CHICKEN FRIED STEAK
OR POPCORN CHICKEN
CHEESY BROCCOLI
COOKED CARROTS
TEXAS GROWN STRAWBERRIES
GARLIC TOAST
MILK **5**

CHEESEBURGER
WAFFLE FRIES
BURGER SALAD
RAISELS
MILK **6**

PEPPERONI PIZZA
OR CHEESE STICKS
SEASONED SQUASH
GREEN PEAS
WATERMELON CUPS
MILK **7**

OVEN FRIED CHICKEN
OR POPCORN CHICKEN
GREEN BEANS
SWEET POTATOES
ROSY APPLESAUCE
COOKIE
MILK **10**

PEPPERONI PIZZA
BABY CARROTS W/ DIP
CHEESY BROCCOLI
WATERMELON CUPS
MILK **11**

CHEESEBURGER
WAFFLE FRIES
BAKED BEANS
BURGER SALAD
TEXAS GROWN STRAWBERRIES
MILK **12**

CHICKEN NUGGETS
MASHED POTATOES
CALIFORNIA VEGGIES
FRESH APPLE
HOMEMADE ROLL
MILK **13**



CHEESEBURGER
TATER TOTS
BAKED BEANS
BURGER SALAD
RIPS
MILK **17**

BEEF OR CHICKEN
CHEESY NACHOS
PINTO BEANS
GARDEN SALAD
RAISELS
MILK **18**

CHICKEN NUGGETS
MASHED POTATOES
GREEN PEAS
TEXAS GROWN STRAWBERRIES
HOMEMADE ROLL
MILK **19**

HOTDOG OR MEATBALL SUB
BABY CARROTS W/ DIP
STEAMED CORN
BANANA
LOW FAT CHIPS
MILK **20**

PEPPERONI PIZZA
OR CHEESE STICKS
FRESH BROCCOLI
GREEN BEANS
ORANGE SLICES
MILK **21**

BBQ SANDWICH
OR CORNDOG
TATER TOTS
BABY CARROTS W/ DIP
ORANGE SLICES
MILK **24**

BEEF OR CHICKEN
CRUNCHY TACOS
REFRIED BEANS
LETTUCE/ TOMATO
WATERMELON CUPS
MILK **25**

CHEESEBURGER
WAFFLE FRIES
BAKED BEANS
BURGER SALAD
TEXAS GROWN STRAWBERRIES
MILK **26**

CHICKEN NUGGETS
MASHED POTATOES
CALIFORNIA VEGGIES
BANANA
HOMEMADE ROLL
MILK **27**

PEPPERONI PIZZA
OR CHEESE STICKS
GREEN PEAS
STEAMED CORN
RIPS
MILK **28**

